



## Facial Injectable Post-Treatment Instructions

For your safety and comfort, please read the following information and adhere to the advice given. Please discuss any concerns with your Dentist.

- If you experience unexpected or undesirable post-operative symptoms such as pain, swelling or bruising that persists for longer than 48 hours, worsens over time, or occurs away from the site of injection, contact your Dentist immediately.
- Always return for your scheduled follow-up appointment, even if you are satisfied with the results
- Expect temporary side effect from injections that may last several days e.g. swelling, bruising, redness
- Use mild analgesics (e.g. Panadol) if needed and light, intermittent ice application for swelling
- While most regular daily activities are fine to resume immediately after facial injectable procedures (including showering), it is advised that you should not;
  - Rub, massage or manipulate the treated area for 24 hours – including having facials, applying or removing makeup or washing vigorously
  - Undertake air travel within 24 hours
  - Eat until the numbness has worn off
  - Expose yourself to extremes of temperature, either cold or hot for 1 week (e.g. saunas or excessive sun exposure)
  - Perform exercise or drink alcohol for 24 hours
  - Lay down (including for massages) or sleep for 6 hours
  - Undertake other facial procedures (e.g. laser, microdermabrasion, chemical peels, etc.) for 2 weeks

Please note, Results may not be immediate and can be distorted by the use of local anaesthetic or swelling. Results will improve in the days/weeks following treatment. Final assessment should be reserved for your scheduled review appointment when further procedures may be necessary to achieve your desired outcome.

If you have any questions or concerns, please do not hesitate to contact us on 1300 AIM DENTAL.